

CHRIS SCOTT

Entrepreneur, Motivational Speaker, Engineer

ABOUT CHRIS

Chris Scott is a dynamic, energetic, and engaging speaker, with a deep and passionate love for humanity. He always encourages and motivates people to become better versions of themselves.

His family and friends always considered him to be a positive person, which he credits his parents for. That optimism took a turn for the worse while Chris was in college studying electrical engineering, he started to get irritated by the things he normally enjoyed. There were days when he didn't even want to get out of the bed. He wasn't eating right, he wasn't exercising, and just didn't feel like himself. After going through this for a year with failing grades, less than stellar health, and a worn spirit, Chris started to read the small green Bibles that were passed out on his college campus. As time went on, he started to gain his strength back mentally, and increased his faith in God.

Soon he decided it was time to get mental health therapy to complement the spiritual healing he was experiencing. After a few appointments with his therapist, Chris was diagnosed with clinical depression and anxiety disorder. The way he was feeling was in line with his diagnosis, and he accepted the news, and kept moving forward. About two years later Chris completed his mental health therapy and felt better than he had in a long time. Better spiritual health led to better mental health, which also led to better physical health. He graduated with a (B) average with a degree in electrical engineering, went to work full time for the Department of Defense, and entered graduate school for business. In obtaining his MBA, he graduated in the top 1% of his class and went on to obtain a second master's degree in Automotive Systems Engineering, and also graduated in the top 1% of his class. He also did some groundbreaking technical work in robotics, high-performance computing, and other areas with the government where he is currently serving as a senior electrical engineer.

Chris knew his story could help people, which is what led him to start doing motivational speaking on a professional level as he also started "Positive Thought Solutions, LLC." With his work in the community, the government, and in business, he has received many local, state, and national awards. His goal is to continue to travel the United States and the world, positively impacting people, and putting on personal and professional development seminars that can help bring out the best in everyone he reaches.

AWARDS

- Black Engineer of the Year Award
- University of Michigan Young Alumnus of the Year
- D Business Magazine Top 30 in their Thirties
- Crain's Detroit Business Top 20 in their 20s
- Detroit Young Professionals Vanguard Award
- Department of the Army Achievement Medal
- Department of the Army Commanders Award

KEYNOTES AND WORKSHOPS ON

- Positive Thinking
- Life Success Strategies
- Career Development
- Work-Life Balance
- Emotionally Intelligent Leadership
- College Academic Success Strategies and more!



**Positive Thought
Solutions, LLC**

TESTIMONIALS

I was impressed with the way Mr. Scott embodied the message. It isn't just inspirational, it's personal. He walks it like he talks it and that's what makes it next-level motivation! It was funny, lively, and a great use of real world headlines to touch my inner self. He made me self-reflect and I immediately began to empower myself from within.

-Fred P. of Carlton Signature Publishing, PR

I received some great inspiration and motivation from Christopher Scott's positive thinking seminar today. I left out thinking I can achieve anything as long as I do the work and have a positive mindset.

-Landon W. of Meridian Health Care

 www.positivethoughtsolutions.com

 734-623-9941

 chris@positivethoughtsolutions.com